

THE DISRUPTIVE COACH



Principle #3 - The Principle of Relationship

Everything is relationship.

IMPORTANT: Note there will be a time change this weekend for some of you. Please check to be sure of the actual time for you next week as we will be meeting as usual in US New York time, 12:00 noon Eastern Time. The change is only relevant next week as the US will change on November 3, 2024, so back to normal flow after that.

The Principle of Relationship - CORE TENETS

- You are relationship.
- Separation is an illusion: you are the sun and the ray.
- You are source and the unique expression of source.
- Your relating is filtered/influenced by your beliefs.

Fieldwork for Tuesday 29 October 2024

1. Based on the Principle of Relationship tenets that we have discussed, see if you can access a different place to relate from with your clients. Bring your observations to class.
2. Please review all the videos and articles for the Embodiment module meeting on Tuesday 29 October.
3. Be sure to check in on the facebook Disruptive Coach Community area. There will generally be various resources added for your review there as well.

**A reminder to engage in your mindfulness or stillness practice. Even if only sitting quietly for 10 minutes each day noticing the thoughts that pass through your mind without attaching to any of them.*

TIME CHANGE FOR UK/EUROPE on Sun 27 OCTOBER – adjust your time in your calendar as US won't change yet and we will be meeting US Eastern noon time.