

## DISRUPTIVE CHANGE MAKER

### REALITY - links

Creating our reality @4min

<https://www.youtube.com/watch?v=0RxlJ2TdYPo>

\*\*Do we see reality as it is? Donald Hoffman (TED talk) @22min

<https://www.youtube.com/watch?v=oYp5XuGYqqY>

\*\*Jog One for Humanity (website)

<https://www.joboneforhumanity.org/>

\*\*Gregg Braden interview – Creating your own reality for a better world. @ 31min

<https://www.youtube.com/watch?v=wXnvGnGweNQ>

“Who am I?” article by Deepak Chopra

[http://m.huffpost.com/us/entry/us\\_593eb3dfe4b014ae8c69e280](http://m.huffpost.com/us/entry/us_593eb3dfe4b014ae8c69e280)

\*\*Deepak Chopra’s podcast: Infinite Possibilities – “The theory of everything with Dr. Michio Kaku (scroll down to it. @41min)

<https://podcasts.google.com/?feed=aHR0cDovL2ZlZWRzLmZlZWRidXJuZXIuY29tL2luZmluaXRlLXBvdGVudGlhbA%3D%3D>

The Illusion of Matter: Our Physical Material World Isn’t Really Physical at all

<http://www.collective-evolution.com/2013/12/05/the-illusion-of-matter-our-physical-material-world-isnt-really-physical-at-all/>

<http://www.yesmagazine.org/happiness/religion-science-and-spirit-a-sacred-story-for-our-time>

Lynne Twist on the Soul of Money

<https://www.youtube.com/watch?v=B6sCOXBbFRY>

Wayne Dyer (perception)

[https://youtu.be/dOkNkcZ\\_THA](https://youtu.be/dOkNkcZ_THA)

### RELATED READING

Man's Search for Meaning - Victor Frankl

Reality is Broken - Jane McGonigal

The Untethered Soul - Michael Singer

Disappearance of the Universe - Gary Renard

The Tree of Knowledge - Maturana and Varela

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*Reality isn't what it used to be* by Walter Truett Anderson

### **Additional resources:**

**The nature of reality documentary: What is Reality @30min**

<https://www.youtube.com/watch?v=w0ztlIAYTCU&t=200s>

**The Reality Matrix – Matter, Energy Perception, Nature of Reality @ 10 min**

<https://youtu.be/Swkpyt4weiw>